



will speck memorial race

The Will Speck Memorial Race is for runners and walkers of all abilities to honor the memory of Will Speck. Its mission is to promote fun, fitness and friendship, and to raise funds for



and Cranston High School Running Programs

WILL SPECK was a Providence College Graduate, 7th in the Boston Marathon in 1971, accomplished runner, advocate for the elderly, Chairman for CLCF (Cranston League for Cranston's Future) youth track and cross country programs, coach for the Bay View track and cross country teams, and a truly compassionate, genuine, kind, and caring man.

www.willspeckmemorial.org

willspeckmemorial@hotmail.com

WHEN: *Sunday, June 19, 2011* **T-SHIRTS:** first 300 participants, pre-registration is recommended

WHERE: Cranston High School West Track
80 Metropolitan Ave., Cranston, RI 02920 **TIME:** 9:30 am
Registration begins at 8am

COURSE: Olympic-style 5K run or walk, finishing on the track at Cranston West. *USATF sanctioned
Measured by Ray Nelson *Timing and scoring provided by +ORGANIZATION PLUS+ Road Race Management Services
Course record: Tom Webb 15:22 (2010), Stephanie Reilley 17:15 (2008)

ENTRY FEE: \$15 by June 16, \$18 online, \$20 on race day, non- refundable. Checks to: Will Speck Memorial.
On line registration available at <https://registration.strands.com/will-speck-memorial-5k>

PRIZES: CASH PRIZES! First, second, and third overall male & female, New course record.
Prizes First, Second, Third male & female finishers in age groups 18 & under, 19-29, 30-39, 40-49, 50-59, 60-69, 70+

Teams: Prizes for First Male Team, First Female Team, First WALKING Team! *must pre-register*

8th annual SNEAKER DROP: Please bring any old running sneakers for our sneaker drop.
We will donate them to youth across RI who cannot afford running sneakers. Pass on the tradition of running!

FREE KIDS RACES!! 50M; 5 and under, 400M; 6-9, 800M; 10-14. Races begin at 8:45 a.m SHARP!
Prize Packs and T-shirts for first 50 participants, Pre-registration is recommended. Ribbons for all finishers!

WILL SPECK MEMORIAL RACE ***** SUNDAY, JUNE 19, 2011

NAME: _____ AGE: _____ SEX: _____

ADDRESS: _____ TELEPHONE: _____

CITY: _____ STATE: _____ ZIP: _____

EMAIL: _____ TEAM NAME: _____

5K RUN 5K WALK KIDS RACES Sorry, can't make it this year, but here is my donation of \$ _____

Checks payable to The Will Speck Memorial. Send entry form and check: The Will Speck Memorial, 75 Kimberly Lane North, Cranston RI 02921

I waive and release any and all rights and claims I may have against the State of RI, City of Cranston, sponsors, or race organizers for the injury or illness which may result from my participation. I attest that I am physically fit and have sufficiently trained for this event. Baby strollers, baby joggers, skates, bicycles, and dogs are not allowed.

Signature _____ (parent or guardian if under 18) Date _____